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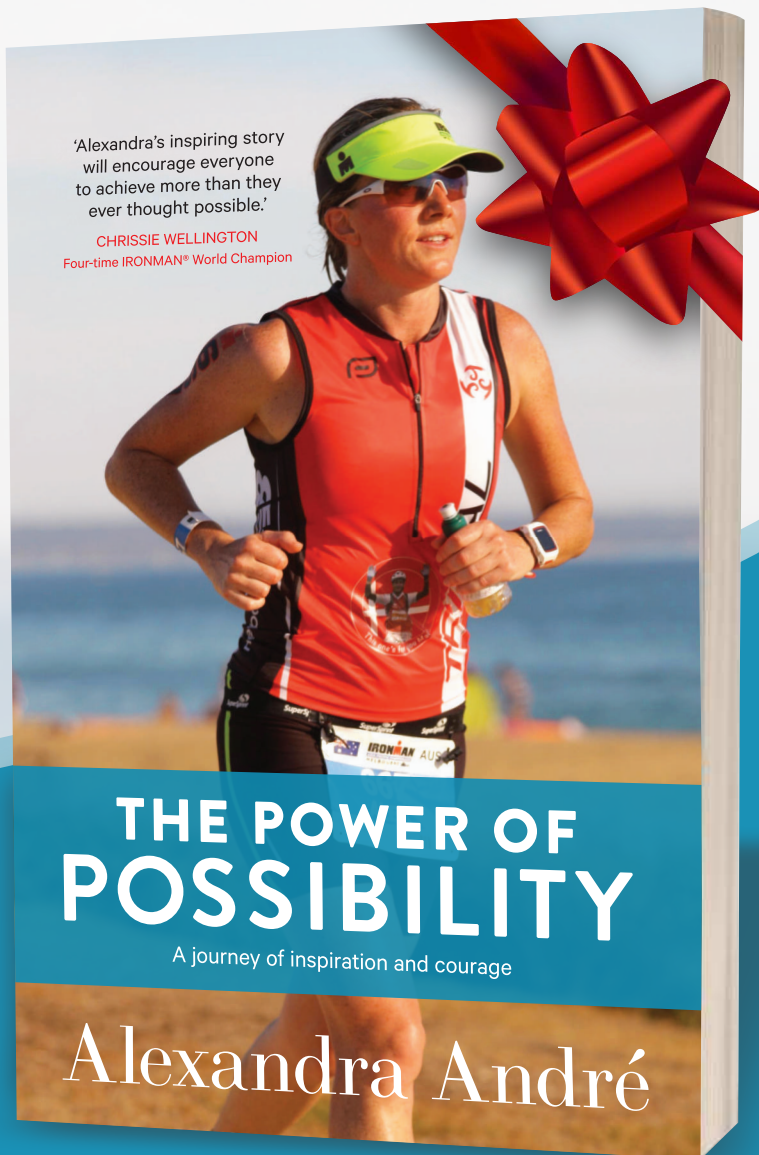
An ordinary hero doing something extraordinary for her mates.

Far from an elite athlete, Alexandra André bounced from one running injury to the next for the best part of five years before deciding to take part in the toughest one-day sporting event in the world. Without an ounce of confidence she could achieve it, Alexandra signed up to do the 2015 IRONMAN Melbourne – 3.8 km swim, 180 km ride, 42.195 km run.

Training for the event became more of a journey than she could have imagined. One of great purpose, filled with synchronicities and opportunities.

THE POWER OF POSSIBILITY, now in its Second Edition, is a compelling sports story and much more. Alexandra's very real and honest account of the highs and lows of reaching her goal make it remarkable. Her story is engaging and relatable, leaving us not only inspired, but with hope in our hearts, full of wonder for the world of possibility that awaits when we find the courage to test our limits.

Alexandra André
 Author, Speaker, Coach (1 x Ironman, 6 x Marathoner)
 Helping people connect with their True Potential



'Your book has made me believe in myself' **Joff**



'It gave me the confidence to sign up' **Chrys**



'Incredibly life changing read. This will stay with me' **Kylie**

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