

Speaker | Author | Coach

## Connect with your True Potential through a Big Goal Vision and the Courage to go after it

### We all have layer upon layer of potential within us.

But rarely do we allow ourselves to go there and fully discover it. This Keynote is crafted and delivered to do just that!

A journey of inspiration and courage, we follow the highs and lows as Alexandra takes on some monumental goals. It's real, it's engaging and it's relatable.

A 'sports story' on the surface, but a life story at its heart. One that will connect with any audience, but particularly those looking for inspiration to discover more of their potential - they just need to know how.

A Keynote woven with learnings, and summed up with some very clear and practical Take-Aways.

If you want a Keynote that is as Authentic as they come. Delivered with Impact. And spoken from the Heart. This is it.

#### Take-Aways:

- 3 Core Elements to discover your True Potential
- A Visualisation exercise to connect with a Big Goal
- A Readiness to take on that Big Goal

'A moving, powerful & inspiring Keynote. The feedback was overwhelmingly positive. I can highly recommend'

\*\*\*\* - Marissa Mouat (Customer Success, SEEK Ltd)

'It's not often a speaker can stir so many people to that sort of action'

\*\*\* - Rosemary McCallum PHD (Abundant Life Solutions)

'Some speakers reach out to you in a way you could never expect. I would have her back to talk again in a heartbeat!'

\*\*\* - Tina Murray (Founder, Design You)

'Alexandra is a world class storyteller. She not only inspires through her messages, but will leave you wanting more'

- Sam Cawthorn (CEO, Speakers Institute)

'If you want a really good speaker to motivate you, to make an impact on you, your business, your employees, then give her a go because she's excellent'

\*\*\*\* - Carol Cooke AM (Gold Medal Paralympian, World Champion)



Click to watch Alexandra's book trailer on her Keynote of 'Possibility'



Click to watch Alexandra's speaker sizzle reel on an earlier Keynote of 'Infinite Impact'







## A Keynote to Remember: The Power of Possibility

Is the perfect choice for your next Team Day, Conference or Event and comes with a complimentary book for all attendees

#### Speaker Bio:

Alexandra has been described as a 'world class' storyteller.

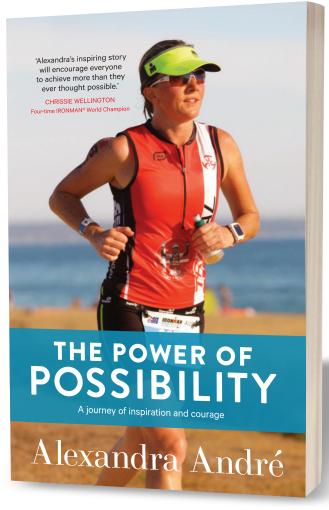
She grew up on the family farm in South Australia. Having developed a love of running from an early age she got a taste of what's possible when she completed her first marathon. Not deterred by the years of injuries that followed as she chased a second marathon, she chose to take on an even greater challenge, an IRONMAN event (3.8 km swim, 180 km ride, 42.195 km run).

Now a 6 x Marathoner, 1 x IRONMAN, Speaker, Author, Coach and Solo Mum, Alexandra is passionate about helping others connect with their true potential by inspiring them to take on the goals they didn't think possible - and discovering they CAN. She has experienced 1st hand what can happen when you do - in running, business and life - and that we are all more capable than we could ever imagine.



# Get in touch to enquire about booking Alexandra as your next Speaker

www.alexandraandre.com/speaking alexandra@alexandraandre.com +(61) 0434 608 504



#### \*\*\*

'Your book has made me believe in myself' Joff

#### \*\*\*\*

'It gave me the confidence to sign up' Chrys

'Incredibly life changing read. This will stay with me' Kylie

The Power of Possibility book makes a great companion to the Keynote as a take home gift for attendees.

All copies personally signed by the Author either before the event, or signings can be arranged as part of the event.





